

**EVALUATING (LEARNING DISABILITIES) THE PROBLEMS OF SLOW LEARNERS  
OF BAMS GRADUATE STUDENTS****\*<sup>1</sup>Dr. Swatika Sharma and <sup>2</sup>Dr. Sunil Khandare**<sup>1</sup>Second Year P.G Scholar, Dept of Roga Nidana, Parul Institute of Ayurveda.<sup>2</sup>HOD & Professor, P.G Dept of Roga Nidana, Parul Institute of Ayurveda.**\*Corresponding Author: Dr. Swatika Sharma**

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**ABSTRACT**

Students go to university to gain knowledge and skills which will help them in their future. It is the aim of every student to qualify his/her examination getting the highest marks. Every student strives to achieve success in his exam; still many students may suffer from getting low marks or even getting failed in their exams. What do we mean by failure? Failure simply means "lack of success". Many students fail to "express their views in front of everyone" only because somewhere they feel they are wrong. Most of the time this "fear" becomes the reason of their failure. Some reasons lie within the students, some lie with parents, some lie with the teachers; some will lie with the institute and rest of the reasons lie with the system of education. We will discuss about this causes in detail, so this study has been done to evaluate the problems that BAMS graduates are facing during their course.

**KEYWORDS:** Learning disabilities, slow learners, failure.**INTRODUCTION**

To experience the real excitement of success, one must experience bitterness of failure, and from our errors we can learn more than learning from our success, and this does not mean that humans deliberately fail to succeed, no one accepts that. On the contrary, we should look at failed experiences positively after going through them, to draw the required experiences for success and then to invest failure in order to succeed and changing it from painful memory to an achievement.<sup>[1]</sup> Neuroscience researchers have been able to go inside the brain and observe how learning actually occurs at the molecular level. The cerebrum controls reading, thinking, learning and emotions. Plasticity is the capacity of the brain to change with changes associated with learning occurs mostly at the level of connections between neurons. Ayurveda has been undergoing a transition phase for the past few years where the age old medicinal system is now being scientifically validated and recognized. This can be only done with the dedicated brilliant minds and as a part of it we need to achieve certain benchmarks in academic excellence. This starts with learning Ayurveda at the BAMS undergraduate level, but from current trend it was observed some percentage of students couldn't progress in BAMS course. Thus the study was conducted in the students to understand the problems faced by them which make them demoted.

**AIM AND OBJECTIVES**

1. Definition of academic failure.
2. To study the causes of failure of BAMS graduate students.
3. To review the research work done for slow learner students.

**MATERIAL AND METHODS**

Charak samhita, Internet sources.

**RESULT**

Sample size – 100 students of BAMS graduates.

Serial no.	Causes	No. of students
1	Internet usage/ Mobile phones	70
2	Sexual harassment	20
3	Peer pressure	50
4	Second choice BAMS	90
5	Relation problems	60
6	Exam phobia	30
7	Family problems	20
8	Parental pressure	6
9	Teaching staff	2
10	Procrastination	50

Here the causes have been repeated. Note only one single cause is responsible for the same.\*

**DISCUSSION**

The concept of academic failure can be defined as a stop of attempting because of the fear of committing errors; however, trying to achieve a goal can be considered a success even if it was less than expected.<sup>[2]</sup> Times are changing; it's getting harder and harder for students to battle anxiety, focus, learn and remember information. When the student is trying to focus on academics, these days many things are there which are overpowering their attention and make it difficult to focus. New science has shown that there is no such thing as multi tasking. It's actually task-switching and a brain that repeatedly switches its focus back and forth from one thing to another is basically impaired, has reduced cognitive function, slower response times, etc.

- 90% of the students have not joined BAMS as their first choice ,they mostly had Allopathic medicine as their first choice, generally a person who has an interest in doing a particular work would grasp the knowledge about it rather than a person who doesn't have much interest in the same. This happens because the brain has some preferences and would easily find it easy to grasp knowledge about it because brain has this hunger of knowing things so that it can function efficiently. We all know that in our country most of the students are pressurized by not letting them to pursue their dreams and interest rather than pushing them into compulsory higher education.
- 70% of the students are spending most of the time with mobile phones. With the advent of advanced technology, growing use of mobile phones and other gadgets are considerably harming the younger generation. Students are developing a strong connection with their mobile phones, which is leading to a massive loss in their concentration and time spent. They are spending most of the time watching and making of tik tok videos, using whats app, facebook excessively, messengers, online game like Pubg ect is in trend today.
- 60% of the students were the victim of infidelity which affects the student physically as well as mentally. The researchers found that who suffer more psychological distress after being cheated on have a higher likelihood of turning to alcohol, developing disordered eating. Being cheated on seems to not only have mental health consequences but also increase risky behavior.<sup>[3]</sup>
- Some of the students mostly girls i.e. 20% have experienced the sexual harassment which can be profound, and can range from uncomfortable to devastating. They may last a short or long time, and can even generate a "ripple effect" of negative symptoms in the living environment.<sup>[4]</sup> Students have trouble studying or paying attention, participating less, avoiding certain places on campus.
- Some of the students get Major Depression Disorder before the exams period. It can cause inability and weakness in concentration of the student. Exam phobia has been seen in few students i.e.40% with the expectation of failure, which weakens the educational achievement and preparation and is accompanied with less attention and not fully prepared for the exam.<sup>[5]</sup>
- In few students parental pressure i.e.6% was seen in order to get higher marks in the exams unable to get high marks as required by parents, and this frequently leads to academic failure.
- Some of the students i.e.20% were having unstable families situations making student life in a state of tension, confusion and lack of concentration during the exam which will reflect negatively on academic performances.
- Only 2% of the students had complained about the teachers. According to them they were not satisfied with the way they take classes.
- Half of the students fail because of the procrastination, instead of doing correct thing or study at correct time, they postpone for very long time till the exam approaches when they have no knowledge about it due to procrastination making them fail.<sup>[6]</sup>
- Some students were influenced by peer pressure such that they do most of the things which their

friend does at the expenses of concentrating in their exams making them to fail exams.

## CONCLUSION

Maximum students have come to this profession not by choice which is a strong cause for the failure of the student in the exams. Moreover the over dependency of the students on internet coupled with the emotional ups and downs of the relationship these days make the already competitive student life even more worse. The teaching methods as well as learning methods what has been told in our samhitas can be adapted in this era which is lacking. All the classics of ayurveda suggest if one wants to expertise in a subject one should have the basic knowledge of the concepts and other teaching and learning methods should be adopted which help to acquire more and accurate knowledge in the subjects.

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