

THE APPLICABILITY OF SHALYA TANTRA IN DISEASES APART FROM ANO-RECTAL CONDITIONSDr. Trilochan Panda*¹¹Associate Professor, Department of Shalya Tantra, Shri Babu Singh Jay Singh Ayurvedic Medical College, Farrukhabad, U.P.

*Corresponding Author: Dr. Trilochan Panda

Associate Professor, Department of Shalya Tantra, Shri Babu Singh Jay Singh Ayurvedic Medical College, Farrukhabad, U.P.

Article Received on 21/02/2024

Article Revised on 12/03/2024

Article Accepted on 01/04/2024

ABSTRACT

The Shalya Tantra concentrates on the removal of foreign entities and diseases, such as injuries and deformities, that need to be treated surgically or nonsurgically. There are similarities between contemporary surgery and this branch of study. Shalya Tantra is highly well-liked since it provided immediate relief instead of the gradual healing that resulted from using drugs or herbal remedies. Charaka, the most renowned Ayurvedic physician, also suggested Shalya Tantra for the treatment of certain conditions including haemorrhoids. Experts in Shalya tantra apply their knowledge of life structures and physiology to diagnose infections and other problems affecting the body's external framework. Many pathological disorders, such as ulcers, varicose veins, inflammatory skin conditions, abscesses, warts, fractures, dislocations, cervical and lumbar spondylosis, etc., can benefit from the therapeutic benefits of Shalya Tantra.

KEYWORDS: Ayurveda, Shalya Tantra, Surgery, Fractures, Orthopaedic, Marma.**INTRODUCTION**

Ayurvedic medicine's Shalya Chikitsa aids in the treatment of illnesses that call for cautious medication or surgical or para-surgical procedures. "Shalya" refers to any foreign object or substance that enters the body and causes harm, while "Chikitsa" denotes medical intervention. Shalya Chikitsa thereby aids in the management of substances that enter the body and inflict harm. This branch of Ayurveda deals with the cautious treatment of various conditions, such as fractures, wounds, tumours, abscesses, and unintentional accidents, among others.^[1-4] The Shalyatantra Department is separated into three main sections.

1. Surgery (Surgical & Parasurgical Procedures)
2. Orthopedics
3. Marma Chikitsa

Conditions affecting the bones, joints, and skeleton system are the focus of orthopaedic surgery procedures, which call for significant surgical and para-surgical interventions. The medical specialty known as marmachikitsa treats conditions involving the musculoskeletal system.

Mostly, Shalyatantra concentrates on the followings Shalyatantra manages anorectal cases, such as piles, fissures, prolapse, and fistulas, using therapeutic

techniques. Additionally, this branch has therapeutic benefits against diabetic ulcers, venous ulcers, and non-healing ulcers. Using techniques from Shalyatantra, varicose veins and other arterio venous diseases can also be cured. Shalyatantra remedies can also be used to treat warts, skin issues, infection, and inflammation. In the Ayurveda Shalya Tantra, several bandages, stitches, sharp items, and anaesthetics are discussed. The main materials used to make Shalya instruments were stone, broad leaves, wood, tree branches, and other organic materials. Climbing plants or creepers were used as substitutes for the Ligatures.^[3-5]

Surgery helps control hemostasis and treat illness by penetrating the deeply oriented tissue where infection essentially originates. Procedures including suturing, scraping, bandaging, etc. have germicidal properties and provide benefits for a variety of surgical health conditions. By reducing the pathogenesis of the wound and averting other infections, the healing ingredients facilitate the body's natural healing process. Ksharaguna is transferred by the process of cauterising Kshara, aiding in the granulation of tissue and cleansing injuries. During surgical treatments, turmeric and other antimicrobial and anti-inflammatory drugs are used to fight infection and development of bacteria. Pain and annoyance are lessened by the mitigating action.^[2-4]

Shalyatantra treats a variety of surgical and para-surgical problems by employing a variety of therapeutic treatments, including bandaging, Marmachikitsa, Jaloukavacharna, Raktha mokshana, Kshara sutra, Agnikarma, and fracture care techniques. One of the eight branches of Ayurveda, Shalya tantra, includes methods for preventing and detecting health problems as well as methods for curing illnesses through medical procedures. It considers the management of challenging conditions and injuries that are not healable using conventional methods. The Ayurveda Shalyatantra department focuses on orthopaedics, para-surgery, and surgical procedures. Taking care of illnesses, injuries, and breaks is the division's main goal.^[4-6]

Shalya chikitsa in bhagna

The Ayurvedic bandaging technique helps realign the broken bone, but the notions of immobilisation and reduction play a major role in the therapy of Bhagna. The restoration of Bhagna was pushed by footing, resistance, modification, and swathing.

Shalya chikitsa in vrana

An important role in the management of Vrana and Dushta Vrana is played by the Shalya Chikitsa. Shalya Chikitsa controls further infection and the likelihood of recurrence, among other things, and stops the degenerative evolution of Dushta Vrana. The para-surgical procedure aids in the transformation of Dushta Vrana into Shuddha Vrana, which is more amenable to natural medicine. Ayurvedic techniques including Vimlapana, Patanakriya, Ropnam, Vaikritapaham, and Avasechana, among others, are useful for managing Vrana.

Orthopedic aspect of shalyatantra

- ✓ Osteoarthritis and degenerative diseases of joints and bones.
- ✓ Dislocations and fractures
- ✓ Lumbar spondylosis, cervical spondylosis and diseases of spine, etc.
- ✓ Tennis elbow and calcaneal spur, etc.

Advantages of ayurveda shalyatantra

- ✓ This field is responsible for the development of modern surgical principles.
- ✓ It is a cutting-edge method of surgery that removes an irritant from the body.
- ✓ At the point when drug can't determine the issue, then this branch of Ayurveda is considered beneficial for the disease management.
- ✓ It is still the strategy that is utilized the most frequently in Ayurveda for managing emergency conditions.
- ✓ Patient sometimes regain normal life even after the few days of surgical interventions.
- ✓ Shalya tantra's provides vital aseptic measures where required for some susceptible conditions.
- ✓ Shalya tantra utilizes different strategies to eliminate blockages in the body and reestablish

harmony.

- ✓ Shalya tantra can be used to manage conditions like hernia, gallstones, kidney stones and cancer, etc.^[1-3]

CONCLUSION

An important aspect of Ayurveda is Shalya tantra, which uses a variety of surgical and non-surgical procedures to maintain and restore the body's equilibrium. Shalya tantra aids in problem diagnosis and suitable treatment administration. Ayurveda claims that Shalya Chikitsa is an effective treatment for a wide range of pathological disorders. Conditions such as ulcers, abscesses, warts, varicose veins, fractures, dislocations, cervical and lumbar spondylosis, etc. can be treated with Shalya Tantra.

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