

## CRITICAL REVIEW OF RASA RATNA SAMUCCHAYA

Dr. Suman Pari<sup>1\*</sup>, Dr. Anjana Dwivedi<sup>2</sup> and Dr. Rajiv Narayan Bilas<sup>3</sup>

<sup>1</sup>M.D. Scholar Post Graduate Department of Rasa Shastra and Bhaishajya Kalpana State Ayurvedic College and Hospital, Lucknow, Uttar Pradesh.

<sup>2</sup>HOD and Prof. Of Rasa Shastra and Bhaishajya Kalpana, State Ayurvedic College and Hospital, Lucknow, Uttar Pradesh.

<sup>3</sup>Associate Professor, Rasa Shastra and Bhaishajya Kalpana State Ayurvedic College and Hospital, Lucknow, Uttar Pradesh.

\*Corresponding Author: Dr. Suman Pari

M.D. Scholar Post Graduate Department of Rasa Shastra and Bhaishajya Kalpana State Ayurvedic College and Hospital, Lucknow, Uttar Pradesh.

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## ABSTRACT

Rasa Ratna Samucchaya (RRS) is a book written in 1300-1400 AD by *Rasa Vagbhata*. It is a book of compilation unlike *Rasa Paddhati*, *Rasa Prakasha Sudhakara*, etc. Written in Puranic Tantric Style. It comprises of 30 chapter among which, first 11 chapters are more popular as they comprises of basics of rasa shastra. It is divided into different Sthanas by teekakar: Chintamani Shastri in his teeka "Sarlartha Prakashini" Sutra Sthana- 1 to 11, Chiktsha Sthana -12 to 27 and Kalpa Sthana 28 to 30. 2/3 part of Sutrasthana is taken from Somadeva Virachita Rasendra Chudamani. This text throws light on the state of Indian expertise in field of alchemy regarding the extraction, purification, conversion of metals/minerals into therapeutically suitable forms.

**KEYWORDS:** Rasa ratna Samucchaya, Rasa Vagbhata, vighyan bodhani teeka, Herbo-mineral formulation.

## INTRODUCTION

Rasa ratna samucchaya (RRS) is a book written in 1300-1400 AD by *Rasa Vagbhata*. *Rasa ratna samucchaya* consist of 30 chapters among which first 11 chapter are famous for basics of rasa shastra the name of book RRS itself indicate that it is a collection of (samucchaya) of ratna that is precious knowledge of rasa shastra.

This Book founds in 2 part first part is from chapter first to eleven and second part is from first part which mainly comprises classical aspects of rasashastra. Second part of the Samucchaya is mainly focused on clinical aspects of Rasayoga.

## COMMENTARIES

1. 18<sup>th</sup> century – Shivadas Sen- (Tatvabodhini) Sanskrit Teeka
2. 1983 – Pdt Hazarilal Shukla – (Deepika Teeka) Sanskrit Teeka
3. 1996- Ambika Dutta Shastri
4. Prof. Duttatreya Anant Kulkarni- First 11 Chapter- Vighyana Bodhini
5. S.N. Mishra- (Siddhiprada)- Hindi Teeka

## CHAPTER: 1 RASOTPATTI

Starts with Mangalacharana. Lord shiva as Jagat Pradhana Bhishak – treating all ailment using siddha rasa amrita Parada).

Enumerated 27 Rasa Sidhas like Nagarjuna, Rasendra, Govinda etc. Compiled work – books written 27 Sidhas along with other tantras written by Yogi, Hareeshvaradi Rasa sidhas.

Five types of Rasa Pooja mentioned – Bhakshana, Sparshana, Dhyana, Dana, Paripujana. Detailed description of Deha and techniques to attain moksha, hindrance in Moksha Prapti. Description of origin of Parada – Paravati, Shiva, Agni and Ganga.

Origin of five variety of Parada from five Kupa (well) – Rasa, Rasendra, Soota, Parada, Mishraka.

Five Parada Gatis – Jala, Hansa, Mala, Dhuma, Jeeva Gati.

## CHAPTER: 2 MAHARASA NIRUPANA

This chapter describes eight Maharasa - Abhraka, Vaikranta, Makshika, Vimala, Adrija (Shilajatu), Sasyaka, Chapala and Rasaka their types, acceptable variety therapeutic properties, detailed procedures of Shodhana, Marana, Satvapatana, Dose.

## CHAPTER: 3 UPARASA SADHARANA RASA SHUDHYADI NIRUPANA

This chapter describes eight Uparasa- Gandhaka, Gairika, Kasisa, Kankshi(Tankana), Tala(Hartala), Shila(Manashila), Kankusta and Anjana (these are slightly inferior to maharasas in processing parada). And describes eight Sadharana rasa- Kampillaka, Gouri

Pashana, Navasadara, Kaparda, Vahnijara, Girisindhura, Hingula and Mriddarshringa (these are slightly inferior to uprasa in processing parada). their types, acceptable variety therapeutic properties, detailed procedures of Shodhana, Marana, Satvapataana, Dose.

#### **CHAPTER: 4 RATANA SHUDHYADI NIRUPANA**

Fourteen different Ratnas and five Sresta Ratnas their relation with Navgraha). Their Shodhana, Dravana Vidhi and Ratna Dharana Guna and Gairika Shodhana has been included in this chapter.

#### **CHAPTER: 5 LOHA SHODHANA MARANADI NIRUPANA**

Detailed and systematic description of Lohas as Shuddha Loha (Swarna, Rajata, Tamra, Loha) Mishra loha (Pittala, Kansya, Varta) and Puti loha (Naga, Vanga) their types, acceptable variety therapeutic properties, detailed procedures of Shodhana, Marana, Satvapataana, Dose.

#### **CHAPTER: 6 SHISYOPANAYANAM**

Guru Lakshana, Shishya Guna, Anuchara Guna, Ayogya Shishya Lakshana, Shishya Kartavya (keep Guru happy, hasta nastaka yoga). Rasashala Nirmana Sthala, Rasa Mandapa Nirmana, Rasalinga Sthapana Vidhi – three nishka of Swarna nine nishka of Parada-Mardana with jambeera Rasalinga Pooja Vidhi, Darshana-Sparshana phala, devi poojana mantra. Shishya deeksha daana vidhi (sumuhurtha, sunakshatra, taravala, aghora mantra, homa), deeksha yogya shishya. kalini lakshan- for rasa bahdha, rasayana and rasa prayoga kalini abhave anya stri-21 days- 1 karsha (10-12g) shudha gandhaka with ghrita. Aghora mantra, rasankusha mantra, rasa sidhyartha sangrahaneeya padartha. Rasa shakti- vajrabhra, kanthatashana, tankana and bhuna. Uprasa- instead of kankashi, rajavarta is mentioned as uparasa. Maharasa- instead of abhraka, vaikranta, adrija, tutha, Anjana-hingula are mentioned. Asta loha pooja karma, upakarans for rasa sadhana (like musha, koshti etc) rasa siddha nama, poojana vidhi.

#### **CHAPTER: 7 RASASHALA PRAKARANA**

Rasa Shala Sthana, bhairavadi sthapana nirdesha, Kosthi, Satva Patina Kosti etc Rasa Sadhana Dravyas told.

Chalani bheda - 3 types-

Venavi - made for venu shalaka- for sthula dravya galena

Vamshaja - for churna galana

Chalanika - made of karnikara, shalmali, khadira (harijata) stem bordered with goats skin- for atyanta sookshma churna.

Shikhitra - half burnt wood which is extinguished with water.

Kokila - earth digged- wood kept underground- one side of it burnt-allowed to extinguished by itself

Upala synonyms - chagana, girindika etc

Kupika nirmana dravya - kacha, loha, mrit, varata and chashaka

Kupika synonyms - siddha, gola, girindika

#### **CHAPTER: 8**

This chapter contain 78 terms. Terminology is a necessary part of Rasa Shastra because meaning of word may be quite simple in day to day affairs but could be completely different technically e.g., Kajjali means a black coloured powder, but in Rasa Shastra it means a black sulphide of mercury prepared from definite proportions of mercury and sulphur.

#### **CHAPTER: 9 YANTRA NIRUPANAM**

Description of Dola yantra, Svedana, Patina(Urdhava, Adha, Triyak), Kachapa, Deepika, Lavana, Jarana, Vidyadhara etc 31 Yantras described

Mrittika- Sandhi bandhana wont be lost in water

Vahni Miittika- Ghora Vahni tapa saha, Parada Rodhita by this wont get lost by any Gati Savrna Dhupana Dravya 3types of Khalva Yantra- Ardha Chandrakara, Vartula ana Tapata Khalva

#### **CHAPTER: 10 MUSA KOSHTI PUTADI KATHANA**

Description of 17 types of Musa (Vajra Musa Gara, Vrintaka Musa etc.) 4 types of Koshti (Angara Koshti, Patala Koshti etc.) 10 types of Puta (Maha Puta, Gaja Puta, Kukkut Puta etc.) and terminology of 24 frequently used groups are mentioned in this chapter.

#### **CHAPTER: 11 RASA PARIBHASA**

In this chapter explain various units of measurement (Mana paribhasa), 18 Samskaras of Parada, Parada Naisargika Dosha, Yougika Dosha, Aupadika Dosha, 25 Rasa Bandha are the content of this chapter.

#### **DISCUSSION AND CONCLUSION**

First 11 chapter describe by Acharya Dutta Atreya Anant Kulkarni These chapters deal with basis principle of Rasa Shastra. First chapter is dedicated to origin, types and worship of Parada. On the basis of utility of drugs in processing of Parada. Catagorised into Maharasa, Uparasa and Sadharana Rasa. Maharasas have wide therapeutic efficacy and they are used along with Parada they are utilized in various Samsakras of Parada, second chapter describe Maharasa, third chapter describe Uparasa and Sadharana Rasa, fourth and fifth chapter deals with Ratnas and Lohas. Ratnas are more useful in Parada Samsakras (dehavada, lohavada) compare to lohas. Sixth chapter deals with Shishya, Gura as well as Paricharaka Pareeksha, explaining dravyas used during Rasa Pooja mentioned in this chapter. Seven chapter is dedicated to Rasa Shala. For the proper knowledge of raw materials used for the making of Rasaushadhi technical term are defined in 8<sup>th</sup> chapter of this book for better understanding the technical aspects.

There are different types of instrument (e.g. dola yantra for swedana) in chapter 9<sup>th</sup> yantra nirupanam.

Approximately all Rasa Dravyas undergo Marana before they are used therapeutically for this purpose of this fire place a container (Musa) which can undergo large

amount of heat has to be used. Description of Musa, Koshti and Puta has been given in 10<sup>th</sup> chapter The samskaras of Parada has been explained in brief in 1<sup>st</sup> and 8<sup>th</sup> chapter and detailed in 11<sup>th</sup> chapter, impurities of Parada have been explain, Pathya- Apathya during Parada Sevana has been mentioned in this chapter.

RasaRratna Samucchaya is crucial and madnatory book for those who seeks to gain basic knowledge about Rasa Shastra and considered to be one among the essential reference book.

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