

**FORMULATION AND EVALUATION OF SALICYLIC ACID AND KOJIC ACID AS GEL
NOVEL DRUG DELIVERY SYSTEMS FOR TREATMENT OF ACNE AND WHITENING
SKIN EFFECT****Abdalwali Ahmed Saif¹, Maged Alwan Noman^{1,2} and Mahmoud Mahyoob Alburyhi^{1*}**¹Professor Dr. of Pharmaceutics and Industrial Pharmacy, Department of Pharmaceutics and Industrial Pharmacy,
Faculty of Pharmacy, Sana'a University, Sana'a, Yemen.²Professor Dr. Department of Pharmacy, Faculty of Medical Sciences, Al-Yemenia University, Yemen.***Corresponding Author: Prof. Dr. Mahmoud Mahyoob Alburyhi**Professor Dr. of Pharmaceutics and Industrial Pharmacy, Department of Pharmaceutics and Industrial Pharmacy, Faculty of
Pharmacy, Sana'a University, Sana'a, Yemen.

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ABSTRACT

The aim of this study was to formulate and develop a gel containing salicylic acid and kojic acid for the treatment of acne and skin lightening. This preparation contains active ingredients that give the best results for the skin. Five gel formulations were evaluated for various parameters such as color, appearance, consistency, pH, viscosity, applicability, irritancy test, and stability studies. The results showed that the gel was non-irritant, stable, and possessed activity in treating acne and skin lightening. Formulation F4 was found to be the best due to its balanced viscosity, ideal pH, ease of application, and excellent clinical performance. We conclude that the gel containing salicylic acid and kojic acid prepared considered an effective and safe formulation for treating acne and skin lightening.

KEYWORDS: Kojic acid, Salicylic acid, Gel, Anti-acne.**INTRODUCTION****Background of Gel for Acne Treatment^[1-50]**

Acne: The name acne comes from the Greek word "akme," which means "peak or apex" and refers to gemnetic or acquired affections of the pilosebaceous units. Acne vulgaris is the proper term for acne. It is typified by the development of both inflammatory and non-inflammatory lesions of the sebaceous glands and hair follicles, which are together known as the pilosebaceous unit. There are five types of acne: comedonal, papular, pustular, cystic, and nodular. Acne vulgaris, a hormone-mediated inflammation of the sebaceous glands and hair follicles, causes giant papules (nodules), blackheads and whiteheads (comedones), pinhead-sized papules (papules), scaly red skin (seborrhea), and rarely scarring (pimples).

Gels: Gels are semi-rigid systems in which a three-dimensional network of interlacing particles or solvated macromolecules of the dispersed phase limits the dispersing medium's motion. "Gel" is derived from "gelatin," and the words "gel" and "jelly" can be traced back to the Latin word "gelu," which means "frost," and "gel are," which means "freeze" or "congeal". To provide the most effective cutaneous and percutaneous medication delivery, gels are used. Enzymatic activity and drug interactions with food and beverages can be

avoided using gels. They can be used to provide medications orally when the oral route is not suitable.

Gel is only used for treatment of skin problems but when one gel consists of all those best ingredients which gives all skin problems solution. This gel contains one of the best ingredients which gives skin whitening-lightening effect as well as reducing acne and it exfoliates skin very well.

Skin is a major part of the body, which indicates the health of an individual. Skin consists of materials such as collagen, elastin, and other essential compounds, so a balanced formulation is required for the skin to keep it clear, glossy, and healthy.

Salicylic acid is an organic compound with the formula $\text{HOC}_6\text{H}_4\text{COOH}$. A colorless (or, white), bitter-tasting solid, it is a precursor to and a metabolite of acetylsalicylic acid (aspirin). Salicylic acid topical is used to treat many skin disorders, such as acne, dandruff, psoriasis, seborrheic dermatitis of the skin and scalp, calluses, corns, common warts, and plantar warts, depending on the dosage form and strength of the preparation.

This study deals with the formulation and characterization of a topical gel preparation containing salicylic acid and kojic acid. Salicylic acid gives exfoliation for skin. Exfoliation is most important because when damaged skin gets exfoliated, then new skin comes over, and it looks glowing and healthy.

Kojic acid gives skin lightening effect also it removes blemishes and pigmentation of skin. Acne may be classified into several types. All ingredients included in this preparation give the best and healthy glowing skin.

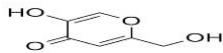
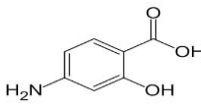
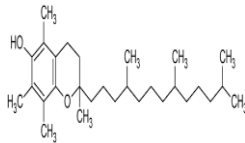
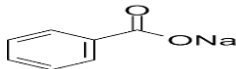
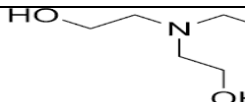
The combination of salicylic acid and kojic acid in a topical gel formulation presents a dual approach: treatment of acne lesions and improvement of skin tone. The formulation process involves careful selection of gelling agents, preservatives, and stabilizers to ensure product efficacy and safety.

MATERIALS AND METHODS

Materials

As shown in Table 1.

Table 1: List of Ingredients.

No	Ingredients	Uses	Structure
Step -1 Gel Base			
1	Carbopol 934	Thickening Agent	
2	Distill Water		
Step 2-Formulation of Gel Base			
3	Kojic acid	Decreased melanin production may have a lightening effect on the skin.	
4	Salicylic acid	It is a keratolytic (peeling agent), causes shedding of the outer layer of skin. Topical (for the skin) is used in the treatment of acne.	
5	Vitamin E	It acts as a powerful antioxidant that protects skin from free radical damage, moisturizes, aid in wound healing and scar reduction.	
6	Na benzoate	Preservative	
7	Triethanolamine	Emulsifier	

Formulation and Evaluation of Gel Drug Delivery System^[40-182]

Preformulation study before formulating a product, the physical and chemical properties of a drug substance have undergone some preformulation testing. It is the first step in rational development of dosage form.

Method of Preparation of Gel

Preparation of Active Ingredients

The gel was prepared using Carbopol 974 as a gelling agent. Accurately weighed amount of Carbopol974 was

dissolved in distilled water and allowed to swell for a day, then stirred to form a gel.

Gel formulations containing salicylic acid and kojic acid were prepared using a simple gel preparation method. Five different gel formulations (F1 to F5) were prepared, each containing varying concentrations of active ingredients as shown in Table 2.

Table 2: Composition of Gel Formulations.

No	Ingredients	F1	F2	F3	F4	F5
1	Salicylic Acid	0.5	1	2	1	1.5
2	Kojic Acid	0.5	1	2	1	1
3	Carbopol 974	4	4	3	3	3
4	Triethanolamine	Qs	Qs	Qs	Qs	Qs
5	Propylene Glycol	5	10	20	10	10
6	Na benzoate	0.2	0.2	0.2	0.2	0.2
7	Vitamin E	1	1.5	2	2.5	2.5
8	Distilled water	89.8	82.3	70.8	82.3	81.8

Method of Preparation of Gel Containing Active Ingredients

Step 1: The active ingredients (salicylic acid and kojic acid) were dissolved in the gel base.

Step 2: Triethanolamine was added to adjust the pH of the gel to the desired range (4.7-5.75).

Step 3: The two solutions were mixed using a glass rod.

Preparation of Different Gel Formulations

Five different gel formulations were prepared using different concentrations of Carbopol 974 (0.5%, 1%, 2%, 3%, 4%).

Evaluation of Different Gel Formulations

The different gel formulations were evaluated for their general appearance, pH, spreadability, and skin irritation.

General Appearance

The physical appearance of gel formulation is critical for consumer acceptance. Sensory characteristics such as color, presence or absence of odor, and consistency are evaluated to determine the overall aesthetics of the product.

pH Test

The pH measurements of the gel were carried out using a digital pH meter by dipping the glass electrode completely into the gel system to ensure that the pH falls of the prepare formulation ranged within the optimal range for skin and found to be typically between 5.5 and 5.75, which are considered acceptable to avoid the risk of irritation upon application.

Skin Irritation Test

The presence of skin irritation in gel formulation is unacceptable by volunteer. In-vitro skin irritation test method as in [Punasiya Rakesh, *et al.*, 2014], and also performed on human volunteers, with the gel formulation applied to the skin of the hand and face. The product show no any signs of undesirable effects, such as irritation or discomfort.

Viscosity Test

Viscosity of all gels formulation were determined using Brookfield viscometer.

Spreadability Test

The spreadability of two enhanced gel formulations F4 and F5 were tested and on volunteers' skin.







RESULT AND DISCUSSION

Characterization of Gel Formulations

The observations were made to determine whether the gel spread smoothly and easily, and the results show a very good, or excellent spreadability as shown in Table 3.

Table 3: Final Observations of Gel Formulations.

No.	Parameters	Observation
1	Color	Transparent
2	Odour	Characteristic
3	Consistency	Good
4	pH	5.5-5.75
5	Viscosity	6300-8450 cP
6	Spreadability	20.5-25.9 cm ²
7	Washability	Easily washable
8	Irritability	Non-irritant

Today	Picture	Today	Picture
1		8	
2		9	
3		10	

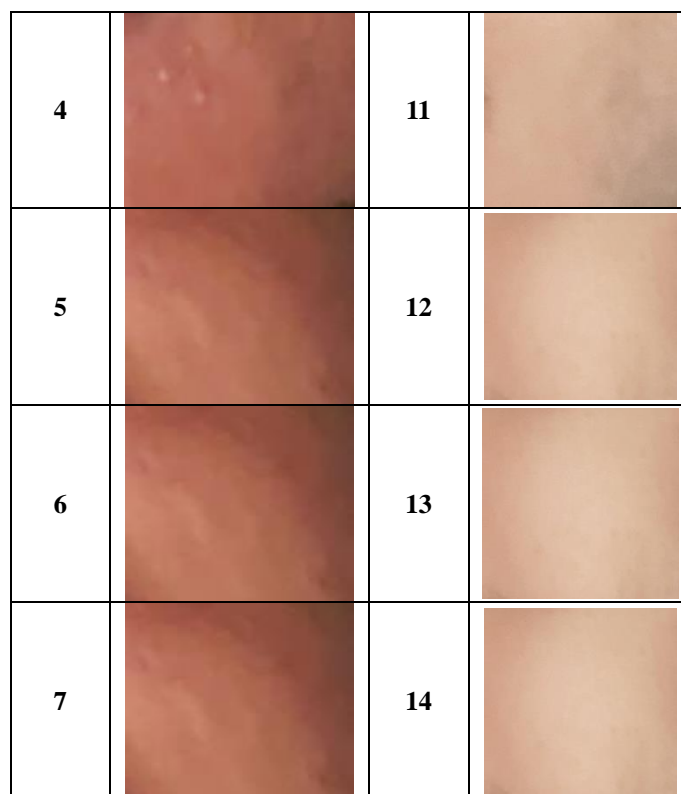


Fig. 1: Comparison of Facial Images Before and After Using Acne Treatment Gel Case.

The results showed that the gel containing salicylic acid and kojic acid has positive effects on the skin as shown in Figure 1. In order to cure acne, a topical synthetic gel was developed. Due to its capacity to exfoliate and unclog pores, salicylic acid is frequently found in acne treatments. The gel has good physical qualities and was simple to make. It was skin-friendly with a pH of 5.7, had a smooth and even texture, and distributed easily. The formulation is stable since stability testing revealed no phase separation. The gel's combination of salicylic acid and kojic acid may provide effectively treating acne and skin whitening effect.

CONCLUSION

The main objective of this research was to develop a gel containing salicylic acid and kojic acid to improve skin appearance. Five different gel formulations (F1-F5) were developed and evaluated to determine the most effective and safe formulation. The results showed that formulations F4 and F5 were the most balanced in terms of clinical effectiveness, skin lightening properties, and user comfort.

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