

A LITERARY REVIEW ON CHARAKOKTA DEEPANIYA MAHAKASHAYA DRAVYAS IN CHARAKA SAMHITA

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ABSTRACT

Ayurveda is a holistic science where chikitsa means actions to balance Dhatus, Doshas and Malas. During the treatment of any physical or mental disease, first do Deepana-Pachana-Anulomana in other words Deepana-Pachana-Anulomana is basic and major part of ayurvedic chikitsa. In Deepan-Pachana-Anuloman first term is Deepan. Deepan is a procedure or karma or dravya by giving which we increase the digestive fire or jatharagni. Any Agni work is to fire likewise jatharagni digest the food in body if properly acts otherwise it can burn the food or indigested Aahar Ras i.e. Aama is generated. Acharya charaka has described particular 10 Dravyas known as Deepaniya Mahakashaya and these Dravyas are used in majority places in acharya Charaka yoga. They are Pippali, Pippalimool, Chavya, Chitraka, Naagara, Ajamoda, Maricha, Amlavetasa, Bhallataka and Hingu. The medicine or yoga which contain Deepan dravyas are best during any treatment. So acharya Charaka have used these Deepaniya dravyas in his majority yoga. By this Deepan and Vyadhi shamana both functions can be performed by minimum medications.

KEYWORDS: Deepaniya Mahakashay, Deepana, Aama, Charaka Samhita Aushadhiya Yoga.

INTRODUCTION

Deepaniya Mahakashaya term is given by Acharya Charaka in Charaka Samhita Sutra Sthan 4th Chapter Shadvirechanashatashritiya Adhyaya. Acharya Charaka has given 50 Mahakashaya in this chapter. Each Mahakashaya contain 10 dravyas or herbs in it, so also known as Charaka Dashemani. In these 50 Mahakashaya one is Deepaniya Mahakashaya.

Deepan: The Word Deepana literally means kindling, inflaming, setting a fire, In human biology, it means

stimulating digestion. Deepan is a pacification treatment for kapha dosa. It is an essential prerequisite before therapeutic emesis(vaman)and therapeutic purgation (virechan). The word Deepana is derived from the word deepa which means building the fire with nich or lyu suffix.

Deepaniya Mahakashaya have following 10 herbs in it. They are Pippali, Pippalimool, Chavya, Chitraka, Shringavera (Shunthi), Amlavetasa, Maricha, Ajamoda, Bhallatakasthi, Hinguniryas.

Sr. No.	Dravya	Botanical Name	Guna	Rasa	Veerya	Vipaka	Karma
1	Pippali	Piper longum	Laghu, Snigdha, Teekshn	Katu	Anushna-sheet	Madhur	Kafavaatshamaka
2	Pippalimool	Piper longum	Laghu, Ruksh	Katu	Usna	Katu	Kafavaatshamaka
3	Chavya	Piper retrofractum	Laghu, Ruksh	Katu	Usna	Katu	Kafavaatshamaka
4	Chitraka	Plumbago zeylanica	Laghu, Ruksh, Teekshn	Katu	Usna	Katu	Kafavaatshamaka
5	Shringavera	Zingiber	Laghu, Snigdha	Katu	Usna	Madhur	Kafavaatshamaka

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6	Amlavetasa	Garcinia pedunculata	Laghu, Ruksh	Amla	Usna	Amla	Kafavaatshamaka
7	Maricha	Piper nigrum	Laghu, Teekshn	Katu	Usna	Katu	Kafavaatshamaka
8	Ajamoda	Carum roxburghienum	Laghu, Ruksh Teekshn	Katu, Tikt	Usna	Katu	Kafavaatshamaka
9	Bhallataka	Semicarpus anacardium	Laghu, Snigdh, Teekshn	Katu, Tikta, Kashay	Usna	Madhur	Kafavaatshamaka
10	Hingu	Ferula northex Bairs	Laghu, Snigdh, Teekshn	Katu	Usna	Katu	Kafavaatshamaka

Aama: Aama is a key concept in the ayurvedic understanding of physiology, pathology and therapeutics. Rather than being a single entity or substance, Aama denotes the abnormal or impaired process of digestion and metabolism that leads to builds up of toxic by-products, which can't be neutralised or eliminated by the body.

Definition and Synonym of Deepana- The diet or medicine or process which stimulates digestion is called Deepana. Sha. Sa. Pu. Kh. 4/1. Deepana process stimulates digestion at a primary level.

By virtue of their Rasa, Guna, Veerya and Vipaaka they do mainly Deepana work that is they increase the Jatharaagni (digestive Fire) so digestion of food becomes proper and no Aama or raw Aahara Ras is created.

Majority of diseases causes due to Jatharagnimand (low digestive fire). By Jatharagnimand no food is digested properly and Aama is generated. Aama is the root cause of disease in our body. So, our primary duty is to increase our digestive fire by taking the Deepaniya Mahakashaya.

Charaka Samhita is divided into 6th Sthaans.

1st Sutra Sthaana 30 Adhyaaya	2nd Nidaana Sthaana 8 Adhyaaya	3rd Vimaana Sthaana 8 Adhyaaya	4th Shaarira Sthaana 8 Adhyaaya	5th Indriya Sthaana 12 Adhyaaya	6th Chikitsa Sthaana 30 Adhyaaya	7th Kalpa Sthaana 12 Adhyaaya	8th Siddhi Sthaana 12 Adhyaaya
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MATERIAL AND METHODS

Subject matter is collected from following.

1. Charaka Samhita Purvarddha
2. Charaka Samhita Uttararddha

3. Dravyaguna-Vigyan

4. Shabdakosha

5. Different Article and online platforms

RESULTS AND DISCUSSION

Sr. No.	Yoga	Dravya (Herbs)	Shlok No.	Page No.
1	Shirovirechak Dravya	Pippali, Maricha	Ch. Su.2/3	50
2	Vamanakaraka	Pippali	Ch.Su.2/7	51
3	Shoolanashak Yavagu	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi	Ch.Su.2/18	53
4	Raktaatisar Nashak Peya	Shunthi	Ch.Su.2/21	55
5	Aamatisar Nashak Peya	Shunthi	Ch.Su.2/22	55
6	Krimi Nashak Yavagu	Pippali, Maricha	Ch.Su.2/23	55
7	Pipasa Nashak Yavagu	Pippali, Shunthi	Ch.Su.2/24	56
8	Bhedani Yavagu	Chitraka, Hingu, Amlavetasa	Ch.Su.2/29	57
9	Vatanulomani Yavagu	Pippali, Shunthi	Ch.Su.2/29	58
10	Kantha Roga Nashani Yavagu	Pippali	Ch.Su.2/31	58
11	Manah Shiladi Lepa Pratham	Maricha	Ch.Su.3/12	62

12	Tutthadi Lepa	Maricha	Ch.Su.3/12	62
13	Lekhaniya Mahakashaya	Chitraka	Ch.Su.4/9-3	76
14	Bhedaniya Mahakashaya	Chitraka	Ch.Su.4/9-4	77
15	Deepaniya Mahakashaya	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi, Maricha, Ajamoda, Amlavetasa, Bhallatakasthi, Hingu Niryas	Ch.Su.4/9-6	78
16	Kanthy Mahakashaya	Pippali	Ch.Su.4/10-9	80
17	Hridya Mahakashaya	Amlavetasa	Ch.Su.4/11-10	80
18	Triptighna Mahakashaya	Shunthi, Chavya, Chitraka, Pippali	Ch.Su.4/11-11	80
19	Arshoghana Mahakashaya	Chitraka, Shunthi, Chavya	Ch.Su.4/11-13	81
20	Kushthaghna Mahakashaya	Bhallataka	Ch.Su.4/11-13	82
21	Krimighna Mahakashaya	Maricha	Ch.Su.4/11-15	82
22	Stanya Shodhana Mahakashaya	Shunthi	Ch.Su. 4/12-18	87
23	Aasthanopaga Mahakashaya	Pippali	Ch.Su.4/13-25	87
24	Shirovirechanopaga Mahakashaya	Maricha, Pippali	Ch.Su.4/13-27	87
25	Trishna Nigrahana Mahakashaya	Shunthi	Ch.Su.4/14-29	88
26	Hikka Nigrahan Mahakashaya	Pippali	Ch.Su.4/14-30	88
27	Mootra Sangrahaniya Mahakashaya	Bhallataka	Ch.Su.4/15-33	89
28	Kaasahar Mahakashaya	Pippali	Ch.Su.4/16-36	91
29	Shwasahara Mahakashaya	Amlavetasa, Hingu	Ch.Su.4/16-36	91
30	SheetapRasahamana Mahakashaya	Shunthi, Pippali	Ch.Su.4/14-42	93
31	ShoolapRasahamana Mahakashaya	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi, Maricha, Ajamoda	Ch.Su.4/17-45	94
32	Mansa Rasa Vicharana	Shunthi, Maricha, Pippali	Ch.Su.13/84	282
33	Sneha Paana[Ruksha Purush]	Shunthi	Ch.Su.13/86	282
34	Snehan [Kushth, Pramehi, shoth]	Pippali	Ch.Su.13/92	283
35	Snehan	Shunthi, Maricha, Pippali	Ch.Su.13/93	294
36	Aagantuja Shotha [Cause]	Bhallataka Pushpa	Ch. Su.18/4	366
37	Medo Roga Chikitsa	Shunthi	Ch.Su.21/23	404
38	Kushthadi Churna	Hingu, Shunthi, Maricha, Pippali, Ajamoda	Ch.Su.23/15	423
39	Tryushanadi Mantha	Shunthi, Maricha, Pippali, Ajamoda	Ch.Su.23/18	423
40	Vyoshadya Saktu	Shunthi, Maricha, Pippali, Hingu, Chitraka	Ch.Su.23/19, 20	424
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42	Shringavera Kandanam	Shunthi	Ch.Su.25/38	451
43	Deepaniya Pachaniya Aanah PRasahamananam	Pippali	Ch.Su.25/40	454
44	Deepaniya Pachaniya Gudashotharshah Shoolaharanam	Chitraka	Ch.Su.25/40	454
45	Niryas Chhedaniya Deepaniya Aanulomic Vaat Kaph PRasahamananam	Hingu	Ch.Su.25/40	454
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47	Rasaa Dravya Example	Chavya, Chitraka	Ch.Su.26/47	485
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49	Prabhav Varnan	Chitraka	Ch.Su.26/68	490
50	Viruddh SanYoga	Bhallataka	Ch.Su.26/84	496
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52	Aaharopayogi Varga	Shunthi	Ch.Su.27/296	536
53	Aaharopayogi Varga	Pippali	Ch.Su.27/297	536
54	Aaharopayogi Varga	Maricha	Ch.Su.27/298	537
55	Aaharopayogi Varga	Hingu	Ch.Su.27/299	537
56	Adhik Sevan Na Karane Yogaya Dravya	Pippali	Ch. Vi.1/15	660
57	Krimihara Aasthapan Basti Dravya	Pippali, Shunthi	Ch. Vi.7/17	715
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59	Prakriti Vighata Paanai Peena	Pippali, Pippalimoola, Chavya, Chitraka,	Ch. Vi.7/21	717

		Shunthi		
60	Virechana [Krimi]	Bhallataka Asthi	Ch.Vi.7/23	718
61	Taila Paana	Chavya, Chitraka	Ch.Vi 7/26	720
62	Vamana Dravya Kalpa Sangrah	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi	Ch.Vi.8/135	776
63	Amla Skanddha	Amlavetasa	Ch.Vi.8/140	780
64	Katu Skandha	Pippali, Pippalimoola, Chavya Chitraka, Shunthi, Maricha, Ajamoda, Bhallatakasthi, Hingu Niryas	Ch.Vi.8/142	781
65	Kashaya Skandha	Bhallatakasthi	Ch.Vi8/144	782
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97	Vrisya Ghrita	Pippali, Shunthi	Ch.Chi.2/2-21	90
98	Vrisya Dadhisar	Maricha	Ch.Chi.2/2-24	91
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449	Pippalyadi Churna	Pippali, Chitraka	Ch.Chi.19/113	691
450	Baala Bilva PraYoga	Pippali, Shunthi	Ch.Chi.19/114	691
451	Pichchha Basti Dravya PraYoga	Pippali	Ch.Chi.19/118	692
452	Chhardi Chikitsa-Ghrita Paana Vidhana	Shunthi	Ch.Chi.20/24	699
453	Prakshepa Dravya &Hridya Bhojana	Shunthi, Maricha, Pippali	Ch.Chi.20/25	699
454	Pittaja Chhardi Leha	Pippali	Ch.Chi.20/28	700
455	Chhardi-Any Leha	Pippali	Ch.Chi.20/29	700
456	Chhardi-Any Peya	Maricha	Ch.Chi.20/31	700
457	Kafaja Chhardi Chikitsa	Pippali	Ch.Chi.20/34	701
458	Chhardi-Aahara Padartha	Chitraka, Shunthi, Maricha, Pippali	Ch.Chi.20/35	702
459	Kafaja Chhardi Nashaka Yoga	Shunthi	Ch.Chi.20/37	702
460	Manahshila PraYoga	Pippali, Maricha	Ch.Chi.20/39	703
461	Sarpiguda Aadi PraYoga	Shunthi, Maricha, Pippali	Ch.Chi.20/47	705
462	Patoladi Vamaka PraYoga	Pippali	Ch.Chi.21/52	718
463	Kiraatatiktadi Quatha	Shunthi	Ch.Chi.21/56	718
464	Drakshadi Sheeta Kashaya	Shunthi	Ch.Chi.21/58	719
465	Dantyadi Lepa	Chitraka, Bhallatakasthi	Ch.Chi.21/126	729

466	Granthi Visarpa-Vividha Yoga	Pippali	Ch.Chi.21/129	730
467	Aamaja Trishna Chikitsa	Shunthi, Maricha, Pippali, Bhallataka	Ch.Chi.22/47	743
468	Bhaktaja Trishna Chikitsa	Pippali	Ch.Chi.22/53	743
469	Pragharshanartha Churna	Shunthi, Maricha, Pippali	Ch.Chi.23/41	756
470	Tritiya Visha Vega Chikitsa	Maricha, Pippali	Ch.Chi.23/50	758
471	Mrita Sanjeevana Agada	Hingu, Pippali	Ch.Chi.23/56	759
472	Visha Vikaara-Anjana PraYoga	Shunthi, Maricha, Pippali	Ch.Chi.22/69	762
473	Gandhahasti Naamaka Agada	Hingu, Shunthi, Maricha, Pippali	Ch.Chi.23/70, 71	763
474	Maha Gandhahasti Naamaka Agada	Shunthi, Maricha, Pippali, Hingu, Amlavetasa	Ch.Chi.23/78	764
475	Hinguwadi Yoga	Hingu, Pippali	Ch.Chi.23/96	767
476	Jatvadi Dhoomagada	Bhallataka	Ch.Chi.23/100	768
477	Ksharagada	Hingu, Shunthi, Maricha, Pippali	Ch.Chi.23/101	768
478	Pippalyadi Anjana	Pippali, Maricha	Ch.Chi.23/183	789
479	Pakwashagata Visha Chikitsa	Pippali	Ch.Chi.23/185	789
480	Kafa Pradhana Visha Chikitsa	Pippali, Shunthi	Ch.Chi.23/189	790
481	Shirisha Pushpa PraYoga	Maricha	Ch.Chi.23/113	791
482	Raajimaana Visha Chikitsa	Shunthi, Maricha, Pippali	Ch.Chi.23/197	792
483	Mushaka Chikitsa	Shunthi	Ch.Chi.23/205	793
484	Vichchoo Visha Chikitsa	Shunthi	Ch.Chi.32/209	794
485	Matsya Visha Chikitsa	Shunthi	Ch.Chi.23/210	794
486	Griha Godha Visha Chikitsa	Shunthi, Maricha, Pippali	Ch.Chi.23/216	796
487	Amrita Ghrita	Shunthi, Maricha, Pippali	Ch.Chi.23/242	801
488	Susanskrita Madya PraYoga	Shunthi [Adraka Rasaa]	Ch.Chi.24/111	821
489	Beejapurakadi Madya	Shunthi	Ch.Chi.24/121	822
490	Vaatika Madatyaya Pathya	Shunthi	Ch.Chi.24/126	823
491	Pathya Sansakaara Bheda	Maricha, Shunthi	Ch.Chi.24/127, 128	823
492	Vaatika Madatyaya Pathya	Shunthi	Ch.Chi.24/130	824
493	Kafaja Madatyaya Pathya	Shunthi	Ch.Chi.24/166	829
494	Niraama Kafaja Madatyaya Chikitsa	Shunthi	Ch.Chi.24/169	829
495	Kafaja Madatyaya Mansa PraYoga	Shunthi, Maricha, Pippali, Amlavetasa	Ch.Chi.24/172	830
496	Mansa Vividha PraYoga	Maricha, Shunthi	Ch.Chi.24/174, 175	830
497	Ashtanga Lavana	Amlavetasa, Maricha	Ch.Chi.24/177	831
498	Munakka Chatani	Maricha	CH.Chi.24/181	831
499	Raaga-Anyra PraYoga	Maricha	Ch.Chi.24/183	832
500	Vrana-Aachchhadan Patra	Pippali	Ch.Chi.25/95	256
501	Shyamadi Gudavarti	Pippali	Ch.Chi.26/12	865
502	Pinyaakaadi Varti	Hingu, Shunthi, Maricha, Pippali	Ch.Chi.26/13, 14	865
503	Shyamadi Pradhamana Churna	Pippali	Ch.Chi.26/14	865
504	Rakshoghnadi Pradhamana Churna	Pippali	Ch.Chi.26/15	865
505	DwiruttaraHinguwadi Churna	Hingu	Ch.Chi.26/20	866
506	Vacahadi Churna	Chitraka, Pippali	Ch.Chi.26/21	867
507	Hinguwadi Churna	Hingu, Shunthi	Ch.Chi.26/22	867
508	Virechanokta Fala Moola PraYoga	Hingu, Chitraka	Ch.Chi.26/24	567
509	Vyoshadi Churna	Shunthi, Maricha, Pippali	Ch.Chi.26/55	874
510	Paashanabhedadi Churna	Shunthi, Maricha, Pippali, Hingu, Amlavetasa	Ch.Chi.26/60, 61	875
511	Trutayadi Churna	Chitraka, Hingu	Ch.Chi.26/65	876
512	Haritakyadi Churna	Shunthi, Hingua	Ch.Chi.26/83	880
513	Pushkaramooladi Quatha	Shunthi	Ch.Chi.26/85	880
514	Pathyadi Kalka	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi	Ch.Chi.26/86	881
515	Trushanadi Ghrita	Shunthi, Maricha, Pippali	Ch.Chi.26/87	881
516	Kasherukadi Ghrita	Shunthi	Ch.Chi.26/94	882
517	Katfaladi Kashaya	Shunthi	Ch.Chi.26/97	883
518	Krishnadi Churna	Pippali	Ch.Chi.26/97	883
519	Udumbaradi Leha	Shunthi, Maricha, Pippali	Ch.Chi.26/98	883
520	Pratishyaya Nasya PraYoga	Maricha	Ch.Chi.26/138	894

521	Pittaja Peenasa Chikitsa	Shunthi	Ch.Chi.26/144	895
522	Peenasa Pathadi Tailaa	Pippali	Ch.Chi.26/145	895
523	Kafaja Peenasa Vamana PraYoga	Shunthi, Maricha, Pippali	Ch.Chi.26/150	896
524	Manahshiladi Nasya	Shunthi, Maricha, Pippali, Hingu	Ch.Chi.26/152	896
525	Bhagryadi Tailaa	Pippali	Ch.Chi.26/153	897
526	Kafaja Peenasa Pathya	Shunthi, Maricha, Pippali	Ch.Chi.26/156	897
527	Mahamaayura Ghrita	Chavya	Ch.Chi.26/167	899
528	Twagaadi Tailaa Pradhamana Churna	Hingu	Ch.Chi.26/184	901
529	Avapeeda Nasya &Kavalagraha Shiroroga	Shunthi, Maricha, Pippali	Ch.Chi.26/186	901
530	Pippalyadi Churna	Pippali	Ch.Chi.26/188	902
531	Kshaara Gushtika	Pippali, Pippalimoola, Chavya, Chitraka Shunthi, Maricha	Ch.Chi.26/192	903
532	Kaalak Churna	Shunthi, Maricha, Pippali, Chitraka	Ch.Chi.26/194	903
533	Mridvikadi Churna	Shunthi, Maricha, Pippali	Ch.Chi.26/198	904
534	Arochaka Kavalagraha	Maricha, Pippali, Shunthi	Ch.Chi.26/216, 217	907
535	Arochaka Nashaka Dravya	Maricha	Ch.Chi.26/219	907
536	Hinguwadi Tailaa	Hingu, Shunthi	Ch.Chi.26/222	907
537	Devadarvadi Tailaa	Shunthi	Ch.Chi.26/223	908
538	Gandha Tailaa	Shunthi	Ch.Chi.26/225	908
539	Kshaara Tailaa	Shunthi	Ch.Chi.26/226	908
540	Vaataja Netrarogahara Bidalaka	Shunthi	Ch.Chi.26/232	909
541	Kafaja Netra Roga Aashchyotana	Shunthi	Ch.Chi.26/239	911
542	Saindhavaadi Varti	Shunthi, Maricha, Pippali	Ch.Chi.26/242	911
543	Amritadi Varti	Maricha	Ch.Chi.26/245	912
544	Churnanjana	Maricha, Pippali	Ch.Chi.26/247	912
545	Sukhavati Varti	Shunthi, Maricha, Pippali	Ch.Chi.26/252	913
546	Pippalyadi Rasaakriya	Pippali	Ch.Chi.26/258	914
547	Dhatryadi Rasaakriya	Pippali, Maricha	Ch.Chi.26/261	915
548	Mahaaneela Tailaa	Pippali, Bhallatakasthi, Chitraka	Ch.Chi.26/270, 271, 272	916
549	Prapaundarikadi Tailaa	Pippali	Ch.Chi.26/276	917
550	Priyaladi Yoga	Pippali	Ch.Chi.26/279	917
551	Kafaja Swarabheda Chikitsa	Chavya, Shunthi, Maricha, Pippali, Chitraka	Ch.Chi.26/287	919
552	Urustambhahara Dravya	Pippali	Ch.Chi.26/28	924
553	Urustambha Hara 5 Yoga	Pippali, Pippalimoola	Ch.Chi.27/31	925
554		Chavya, Chitraka	Ch.Chi.27/32	925
555		Bhallataka, Pippali	Ch.Chi.27/32	925
556	Murvaadi Yoga	Chitraka	Ch.Chi.27/35	926
557	Swarnaksheeryadi Churna	Chitraka, Pippali, Chavya	Ch.Chi.27/37, 38	926
558	Saindhawadi Tailaa	Shunthi, Chitraka, Bhallatakasthi	Ch.Chi.27/45	928
559	Ashtakatvara Tailaa	Pippalimoola, Shunthi	Ch.Chi.27/47	928
560	Tarkaayadi Lepa	Shunthi	Ch.Chi.27/52	929
561	Mansa Rasaa PraYoga -Vaataavyadhi	Shunthi, Maricha, Pippali	Ch.Chi.28/107	958
562	Chitrakadi Ghrita	Chitraka, Shunthi, Pippali	Ch.Chi.28/122	961
563	Moolaka Tailaa	Shunthi	Ch.Chi.28/137	963
564	Shwadanstra Tailaa	Shunthi	Ch.Chi.28/147	965
565	Moolakadi Tailaa	Pippali, Bhallataka, Shunthi	Ch.Chi.28/168	968
566	Vrishamooladi Tailaa	Chitraka	Ch.Chi.28/171	969
567	Moolaka Tailaa	Shunthi	Ch.Chi.28/172	969
568	Dwipanchamooladi Ghrita	Pippali, Shunthi	Ch.Chi.29/64, 65	994
569	Sukumaraka Tailaa	Shunthi, Pippali	Ch.Chi.29/99	999
570	Trifaladi Kalka	Shunthi, Maricha, Pippali, Pippalimoola, Chavya	Ch.Chi.29/152	1006
571	Baladi Yamaka Sneha	Pippali	Ch.Chi.30/50	1019
572	Pippalyadi Yoga	Pippali, Ajamoda, Chitraka	Ch.Chi.30/54, 55	1020
573	Vrishakadi Churna	Pippali	Ch.Chi.30/57	1020
574	Guduchyadi Tailaa	Chitraka	Ch.Chi.30/59	1021
575	Brihat Shatavari Ghrita	Pippali	Ch.Chi.30/66	1022

576	Pippalyadi Varti	Pippali, Maricha	Ch.Chi.30/72	1023
577	Pippalyadi Churna	Pippali	Ch.Chi.30/84	1025
578	Vaataja Rakta Pradara Chikitsa	Shunthi	Ch.Chi.30/89	1026
579	Pushyanuga Churna	Maricha, Shunthi	Ch.Chi.30/92	1026
580	Karnini Yoni Chikitsa	Pippali	Ch.Chi.30/109	1030
581	Stanya Shodhaka Yusha	Shunthi, Maricha, Pippali	Ch.Chi.30/259	1051
582	Stanya Shodhaka Yoga	Shunthi	Ch.Chi.30/261	1052
583	Panchakoladi Lepa	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi	Ch.Chi.30/264	1052
584	Fenasanghata Chikitsa	Shunthi	Ch.Chi.30/266	1052
585	Anjanadi Lepa	Shunthi	Ch.Chi.30/266	1053
586	Kiratatiktadi Quatha	Shunthi	Ch.Chi.30/267	1053
587	Pichchhila Stanya Chikitsa	Shunthi	Ch.Chi.30/277	1054
588	Stanya Shodhaka Quatha	Pippalimoola, Chavya, Chitraka, Shunthi	Ch.Chi.30/280	1055
589	20 Avaleha	Pippali, Pippalimoola, Chavya, Chitraka, Shunthi	Ch.K.1/22	1085
590	18 Yoga of Nishotha	Pippali, Pippalimoola, Maricha, Chavya, Chitraka, Shunthi	Ch.K.7/15, 16	1108
591	Virechaka for Shrimaana	Maricha	Ch.K.7/25	1109
592	Kafa Prakriti Purusha PraYoga	Pippali, Shunthi	Ch.K.7/29	1110
593	Virechana Sambandhi Modaka	Pippali	Ch.K.7/36	1110
594	Trivrita Leha & Modaka	Pippali	Ch.K.7/37	1111
595	Kalyanaka Guda	Pippalimoola, Chitraka, Maricha, Pippali, Chavya, Ajamoda	Ch.K.7/40, 41	1111
596	Vyoshadi Gutika	Shunthi, Maricha, Pippali	Ch.K.7/51, 52	1112
597	Trivritadi Modaka	Chavya, Pippali, Ajamoda, Shunthi, Hingu, Shunthi, Maricha, Chitraka	Ch.K.7/51, 52	1112
598	Varshakalika Virechana Yoga	Pippali, Shunthi	Ch.K.7/56	1113
599	Hemantakalika Virechaka Yoga	Chitraka	Ch.K.7/58	1113
600	Sukhadavirechaka Yoga	Chavya	Ch.K.7/61	1114
601	Tryushanadi Churna	Shunthi, Maricha, Pippali, Hingu, Amlavetasa	Ch.K.7/63	1114
602	Virechaka Yoga Trivritadi	Shunthi, Maricha, Pippali	Ch.K.7/65	1114
603	Trivrita Arista	Pippali, Chitraka	Ch.K.7/70	1115
604	LodhRasaauvira PraYoga	Pippali, Chitraka	Ch.K.9/7	1122
605	LodhRasaura Yoga	Chitraka	Ch.K.9/9	1123
606	GudaPaanaka Yoga	Shunthi, Maricha, Pippali, Chitraka	Ch.K.9/14	1127
607	Sangraha Vidhi	Pippali	Ch.K.12/5	1132
608	Sabhi Ritu -Grahya Yoga	Maricha, Shunthi, Chitraka	Ch.K.12/23	1136
609	Modaka Yoga	Chitraka	Ch.K.12/27	1136
610	Arista Yoga	Pippali, Chitraka	Ch.K.12/32	1137
611	Sauviraka, Tushodaka Yoga	Ajamoda	Ch.K.12/35	1137
612	Baladi Niruha Basti	Pippali	Ch.Si.3/14	1194
613	Sthiradi Niruha Basti	Pippali	Ch.Si.3/37, 40	1204
614	Yashtayahladi Niruha Basti	Pippali	Ch.Si.3/46	1206
615	Patoladi Basti	Pippali	Ch.Si.3/58	1208
616	Rasanadi Niruha Basti	Pippali	Ch.Si.3/62	1209
617	Punarnavadi Niruha Basti	Pippali	Ch.Si.3/67	1210
618	Jivantyadi Anuwasana	Pippali	Ch.Si.4/9	1213
619	Saindhavadi Anuwasana Tailaa	Shunthi, Chavya, Chitraka, Ajamoda, Pippali	Ch.Si.4/14, 15	1214
620	Vidangadai Tailaa	Pippali	Ch.Si.4/20	1215
621	Usna Jala Sevana Nirdesha	Shunthi	Ch.Si.4/43	1221
622	Pippalyadi Qwatha	Pippali	Ch.Si.7/17	1251
623	Darvadi Yoga	Shunthi, Maricha, Pippali, Chitraka	Ch.Si.7/15	1251
624	Aadhmaana Chikitsa Falavarti	Pippali	Ch.Si.7/23	1252
625	Hikka Chikitsa	Pippali	Ch, Si.7/29	1253
626	ShatpRasaritika Basti	Pippali	Ch.Si.8/10	1261

627	Sapta PRasaritika Basti	Pippali	Ch.Si.8/11	1262
628	Pancha PRasaritika Basti Dwitiya	Pippali	Ch.Si.8/13	1262
629	Aamaatisaara Chikitsa	Shunthi, Maricha, Pippali	Ch.Si.8/23	1264
630	Mala+Aama, Vaata+Aama, Aama+Mala, Aama+Vaata	Shunthi, Maricha, Pippali	Ch.Si.8/26	1265
631	Kafa+Aama, Aama+Kafa	Shunthi, Maricha, Pippali	Ch.Si.8/28	1265
632	Kafa+Mala/Pitta, Kafa+Pitta, Rakta+Kafa	Shunthi, Maricha, Pippali	Ch.Si.8/31	1266
633	Vaata+Kafa	Shunthi, Maricha, Pippali	Ch.Si.8/32, 33	1266
634	Yavagu	Maricha	Ch.Si.8/42	1267
635	Hridaya Marmaghaata Chikitsa	Hingu	Ch.Si.9/8	1273
636	Shirovirechana Nasya	Maricha	Ch.Si.9/17	1277
637	Apatantraka Quatha	Hingu	Ch.Si.9/18	1277
638	Hinguwadi Churna	Hingu, Amlavetasa, Shunthi	Ch.Si.9/19	1277
639	Apatantraka Nashaka Ghrita	Shunthi, Maricha, Pippali	Ch.Si.9/20	1277
640	Dwiruttara Hingu	Hingu	Ch.Si.9/13	1280
641	Pippalyadi Varti	Pippali	Ch.Si.9/58	1287
642	Basti Prakshepa Dravya	Pippali	Ch.Si.10/15	1302
643	Kafa Nashaka Basti	Pippali, Chitraka	Ch.Si.10/24	1303
644	Basti Dravya for Elephant	Pippali	Ch.Si.11/23	1312
645	Niruhabasti PraYoga	Chitraka	Ch.Si.11/32	1314
646	BaladiBasti PraYoga	Chitraka	Ch.Si.11/34	1314
647	Erandamooladi Yaapana Basti	Pippali	Ch.Si.12/16[2]	1325
648	Brihatyadi Yapana Basti	Pippali	Ch.Si.12/16[4]	1326
649	Dwitiya Baladi Yapana Basti	Pippali	Ch.Si.12/16[6]	1326
650	Laghu Panchamooladi Yapana Basti	Pippali	Ch.Si.12/16[8]	1327
651	Shaliparnyadi Yapana Basti	Pippali	Ch.Si.12/16[11]	1328
652	Bala Varna Shukra Karaka Basti	Pippali	Ch.Si.12/17[1]	1329
653	Dwipanchamooladi Basti	Pippali	Ch.Si.12/17[2]	1330
654	Mayuradi Basti	Pippali	Ch.Si.12/17[3]	1330
655	Vrisya Basti	Pippali	Ch.Si.12/17[5]	1331
656	Chatuh Sneha Anuwasana Basti	Pippali	Ch.Si.12/18[1]	1336
657	Baladi Anuwasana Basti	Pippali	Ch.Si.12/18[2]	1337

CONCLUSION

Deepaniya Mahakashaya functions both psychologically and somatically, initiating the Adya Awastha of digestion. These Dravyas play a crucial role in activating Jatharagni and extinguish Aama (Indigested Aahara Rasa). Separate description of Deepaniya mahakashaya

is in Charaka Samhita, and these Dravyas are found in Yogas of acharya Charaka which act as Deepana Dravyas and Aama shamana Dravya's both. Deepaniya Mahakashaya Dravyas act by Prabhava (Effect). These Yoga or Dravyas had used how many times in Charaka Samhita is in following table.

Sr. No.	Dravya	Number of Times Used
1	Pippali	352
2	Shunthi	344
3	Maricha	197
4	Chitraka	177
5	Hingu	78
6	Pippalimoola	68
7	Chavya	81
8	Bhallataka	33
9	Amlavetasa	24
10	Ajamoda	18

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